

for walking & running

Southside Masters Inc

Short Track 1 mile

Long Track 3 k

Short Track							Long Track						
	Name	Actual Time	1' cap	Nett Time	PI	Po		Name	Actual Time	1' cap	Nett Time	PI	Po
1	G Grielissen	5:46	1:06	4:40	8	3	1	G Grielissen	10:26	2:03	8:23	12	11
2	D Sullivan	6:17	2:21	3:54	3	8	2	P Ray	10:28	2:19	8:09	9	14
3	B. Simpson	6:32	2:49	3:43	2	9	3	Nathan Breen	10:30	2:42	7:48	3	21
4	D Allen	6:47	3:05	3:42	1	11	4	Maada Poulos	10:45	2:18	8:27	13	9
5	Mark Simpson	7:01	2:17	4:44	9	2	5	J Dawlings	11:07	2:40	8:27	13	9
6	J Dawlings	7:20	3:12	4:08	4	7	6	J Shaw	11:18	2:20	8:58	19	4
7	A Gentle	7:29	3:00	4:29	7	4	7	Goonie	12:20	4:14	8:06	7	16
8	C Plummer	7:32	3:23	4:09	5	6	8	C Wiley	12:26	4:04	8:22	11	12
9	Mathew Simpson	7:35	3:14	4:21	6	5	9	D Allen	13:15	5:19	7:56	5	18
10							10	Bob Simpson	13:21	5:13	8:08	8	15
11							11	J Vella	13:28	4:59	8:27	13	9
12							12	R Toole	13:29	5:53	7:36	2	23
13							13	Jan Marshall	13:51	5:54	7:57	6	17
14							14	O Lund	14:15	5:55	8:20	10	13
15							15	Debra Martin	14:30	-	14:30	21	2
16							16	J Irvine	15:22	4:47	8:35	17	6
17							17	C Plummer	16:35	8:04	8:31	16	7
18							18	Tricia Simpson	16:36	8:44	7:52	4	19
19							19	M Gentle	16:38	6:55	9:43	20	3
20							20	M Mc Guirk	16:43	8:03	8:40	18	5
7.5 k Road Race							21	Rhonwen Norton	16:48	10:27	6:19	1	25
1	Louise Denneen	32:44	16:11	16:33	1	9	22	M. Tzard	DNF				1
2	G Darby	34:55	16:09	18:46	4	5	23						
3	N Peace	35:09	17:21	17:48	2	7	24						
4	B Fickel	35:29	14:31	20:58	6	3	25						
5	M Roberts Jnr	41:47	21:28	20:19	5	4	26						
6	L Markham	43:20	-	43:20	7	2	27						
7	T HILL	45:35	26:52	18:43	3	6	28						
8							29						
9							30						
10							31						
11							32						
							3 k Walkers						
13							1	O Millridge	20:42	8:53	11:49	3	8
14							2	D Burns	22:10	15:45	6:25	1	11
15							3	Russell Lee	22:39	12:52	9:37	2	9
16							4	M Roberts Snr	22:56	9:17	13:39	6	5
17							5	Maria Mc Guirk	24:26	11:29	12:57	5	6
18							6	P Gall	25:41	-	25:41	7	4
				1st			7	Helen Simon	27:50	15:19	12:31	4	7
				2nd			8	Elsie Gall	27:57	-	27:57	8	3
				3rd			9	Jenny Hill	27:58	-	27:58	9	2
							10						
							11						